

THE BRAES OF MELLINISH
(Scotland)

This strathspey is an old traditional Scottish country dance.

MUSIC: Record: "Music for Scottish Country Dancing," BBC 94,
 Side 1, Band 2.
 Piano: Book 25, No. 12 of the Royal Scottish Country Dance
 Society. 4/4 meter.

FORMATION: 4 cpls in longways formation in a wide set.

PATTERNS Cast Off, Figure of 8, Ladies Chain.
& STEPS: Strathspey travelling step throughout.

MEAS Chord & Upbeat	<u>PATTERN</u>
	<u>INTRODUCTION.</u> M bow, W curtsy to ptr.

	<u>I. CROSS OVER, DOWN THE OUTSIDE, UP AND TURN</u>
1-4	Cpl 1 cross over, giving R hds in passing, and dance down the outside behind opp line. On meas 3 cpl 2 cast behind own line to follow cpl 1 (M 2 following W 1, W 2 following M 1).
5-6	All turn outwards and dance up with cpl 2 leading. On last ct cpl 2 turn inwards to face cpl 1 down the set.
7-8	M 1 and W 2 turn with L hds, while W 1 and M 2 turn with R hds to finish in line of 4 facing down the set with nearer hds joined, cpl 1 in the middle. (See diagram.)

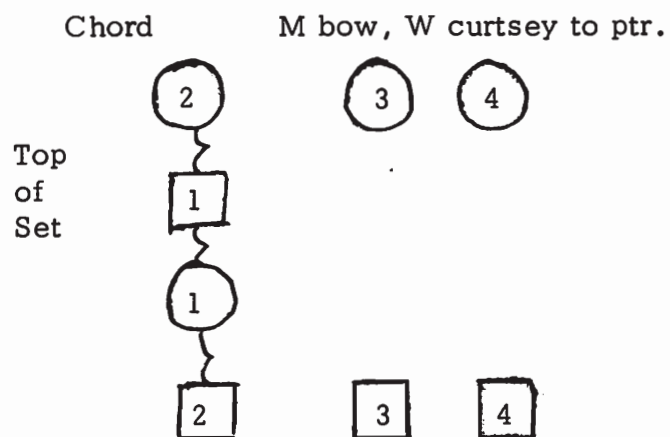
	<u>II. DOWN THE CTR, UP AND CAST</u>
9-12	Line of 4 dance down the ctr. On last meas bend the line so that cpl 2 dance into ctr to meet ptr, joining nearer hds to face up the set. Meanwhile cpl 1 release hds, turn inwards twd ptr, joining nearer hds to face up.
13-16	Cpls 1 and 2 dance up the set with cpl 1 leading and then casting off around cpl 2 to 2nd place on wrong side. Cpl 2 finish in 1st place.

	<u>III. LADIES CHAIN</u>
17-24	Cpls 2 and 1 dance ladies chain across and back.

	<u>IV. HALF FIGURE OF 8 AND TURN</u>
25-28	Cpl 1 dance half figure of 8 around cpl 2.
29-32	Cpls 2 and 1 join R hds with ptr and turn slowly once around.

THE BRAES OF MELLINISH (continued)

Cpl 1 repeat dance two more times. On the third time through cpl 2 begin also at the top, dancing through three times total. On the third time through for cpl 2, cpl 3 begin and dance three times total, and then cpl 4 in turn three times.



Presented by C. Stewart Smith
Notes by Larry and Ruth Miller